



GOLD BALL WINNER
National Winters Girls 16 Doubles
Congrats Danielle



Spring Break Training 2025





March 17th - 21st



Learn More

 www.hobsonennis.com

Monday - Thursday

-  7-9.30am - Movement and on court training
-  9.30-11.00 - Mental toughness & Brunch - Cafeteria
-  11-1.00pm - Points and Situations
-  1-1.45pm - Strength and Power

Friday

-  7-11.00am

 UTR Tournaments onsite are held on the weekend

-  March 22nd - 23rd UTR



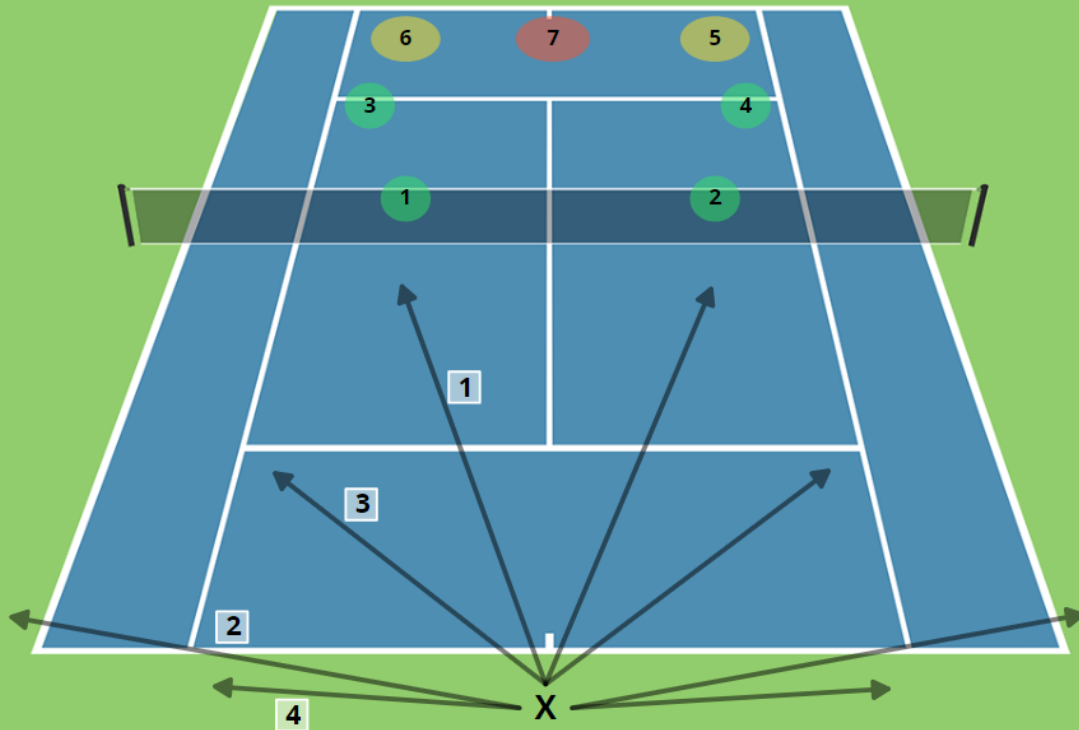
Skill testing for every player
Video analysis and coach recommendation video
Tactical and Mental presentation off court
No housing provided.
24 Players maximum/

 State College of Florida, 5840 26th St W, Bradenton, FL 34207

Improve your game

7 Target Areas

Understanding how to make your opponent move more

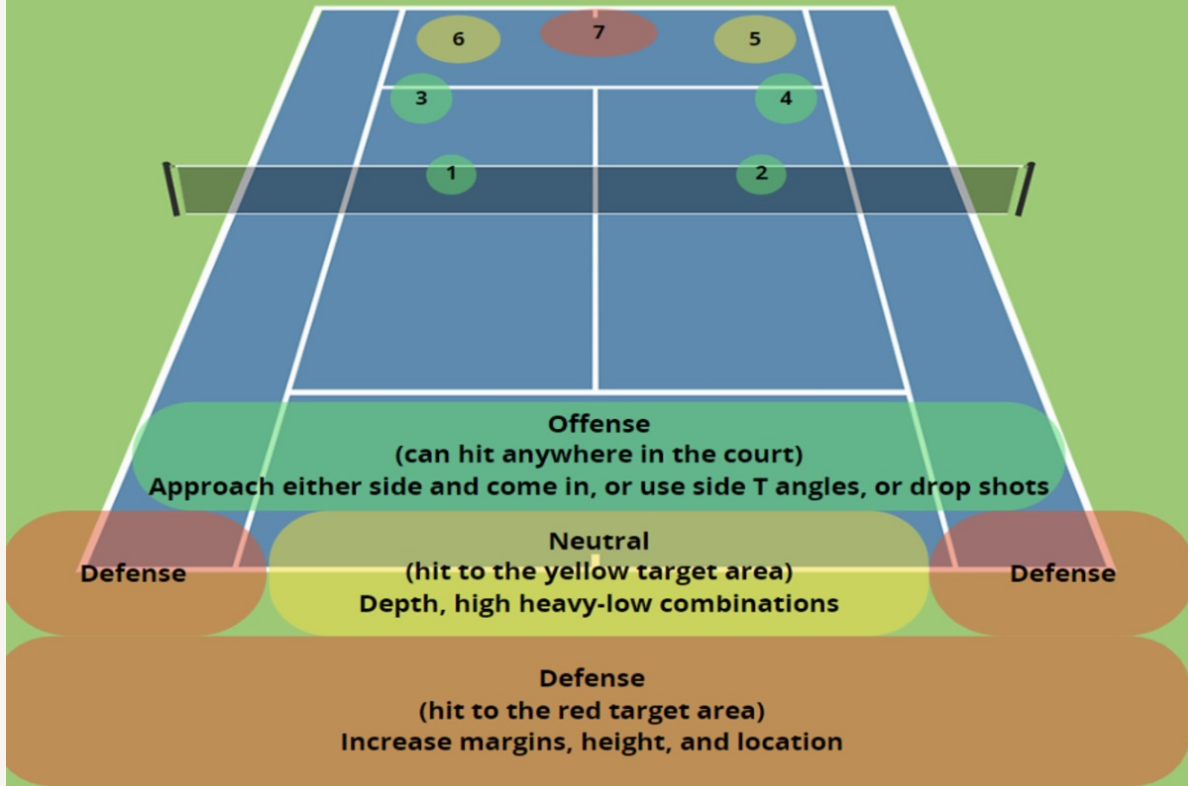


Where can you make your opponent run more?

1. Dropshot -Is the longest way you run (Best)
2. T's (High percentage and good)
3. Short and low
4. Side to side (worst)

7 Target Areas

Where to hit depending on positioning



If you are interested in coming for a free tryout please reply: Serious Training.

Hobson Performance Tennis

X

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